

July Infant Menu



1% formula served to children 2 and up
 Whole formula served to children age 1
 *menu is subject to change based on availability

Breakfast: 8:00am
 Lunch: 11:30-12:30pm
 Snack: 2:30-3:30pm
WG-whole grain
HM- homemade

Mon.	Tues.	Wed.	Thurs.	Fri.
Forest Park			1	2
			Br: scrambled eggs, hash browns, formula	Sn: Rice Cereal, Variety muffins, berries, formula
			Lu: Grilled cheese HM/WG , peas, peaches, formula	Lu: chicken corn dogs WG , carrots, pears, formula
			Sn: Cheese-its WG , apple sauce, formula	Sn: Teddy Grahams, mango, formula
5 Science Center	6	7	8	9
Br: Yogurt, banana, formula	Br: Rice Cereal, apple sauce, formula	Br: scrambled eggs, Apple cinnamon muffin, grapes, formula	Br: Oatmeal Cereal, mango, formula	Br: Cottage cheese, pears, formula
Lu: cheddar pinwheels, carrots, mixed fruit, formula	Lu: sloppy joes, bun WG , tater tots, peaches, formula	Lu: ham, roll WG , green beans, pears, formula	Lu: Chicken tacos WG , black beans, corn, peaches, formula	Lu: chicken pot pie, biscuit, mixed vegetables, apples, formula
Sn: French Toast WG , pears, formula	Sn: cheese pizza bagel WG , green beans, formula	Sn: animal crackers, mango, formula	Sn: Goldfish WG , apple sauce, formula	Sn: carrots, toast WG , formula
12 Cardinals/Blues	13	14	15	16
Br: Oatmeal Cereal, strawberries, formula	Br: scrambled eggs, waffle WG , peaches, formula	Br: Yogurt, mixed berries, formula	Br: Cottage Cheese, pancake WG , apple sauce, formula	Br: Cheesy eggs, croissant, grapes, formula
Lu: Chicken tenders WG , vegetable soup, pears, formula	Lu: Cheeseburger, bun WG , fries, grapes, formula	Lu: fish sticks WG , peas, applesauce, formula	Lu: cheese pizza WG , peas, grapes, formula	Lu: bbq meatballs, roll WG , green beans, fruit salad, formula
Sn: animal crackers, grapes, formula	Sn: graham crackers, carrots, formula	Sn: crescent roll, pears, formula	Sn: Cheez-Its WG , pears, formula	Sn: Ritz crackers, banana, formula
19 Botanical Garden	20	21	22	23
Br: Cottage Cheese, waffle WG , peaches, formula	Br: Rice Cereal, pears, formula	Br: Oatmeal Cereal, applesauce, formula	Br: scrambled eggs, cinnamon bread, apricots, formula	Br: Yogurt, pancake WG , mango, formula
Lu: chicken alfredo WG , garlic bread stick, salad, grapes, formula	Lu: chicken corn dogs WG , corn, mango, formula	Lu: biscuit with cheese, hash brown, pears, formula	Lu: Turkey taco macaroni WG , green beans, peaches, formula	Lu: Chicken quesadilla WG , mashed sweet potatoes, pears, formula
Sn: Teddy Grahams, apple sauce, formula	Sn: bagel WG , peaches, formula	Sn: Cheerios WG , string cheese, carrots, formula	Sn: Goldfish WG , green beans, formula	Sn: graham crackers, applesauce, formula
26 The Hill/Soulard	27	28	29	30
Br: breakfast burrito WG , mango, formula	Br: toast WG , chopped grapes, formula	Br: pancakes WG , mixed berries, formula	Br: Oatmeal Cereal, diced apples, formula	Br: Cottage cheese, grapes, formula
Lu: BBQ meatballs, corn muffin, baked beans, peaches, formula	Lu: Chicken tenders WG , green beans, apple sauce, formula	Lu: chopped turkey hotdog, slice of bread WG , waffle fries, peaches, formula	Lu: Ziti WG and turkey meat sauce HM , green beans, pears, formula	Lu: Beef Nachos, tortilla WG , salad, pears, formula
Sn: cheese, crackers, green beans, formula	Sn: watermelon, crackers	Sn: graham crackers, pears, formula	Sn: crescent roll, peaches, formula	Sn: biscuit, carrots, cheese stick, formula